

Programs & Services

ECHUCA



At CatholicCare Victoria we empower communities and build strength and resilience, to enable everyone to reach their full potential and live life to the full.

We offer over 60 programs and services across Victoria.

Our services are offered to everyone in the community, regardless of race, religious beliefs or economic status.

Family Support

ParentsNext

Our ParentsNext employment program assist parents to plan and prepare for employment by the time their youngest child reaches school age. If you have not worked in paid employment within the last six months, and your youngest child is aged under six, ParentsNext can help you with:

- setting education and employment goals
- balancing preparing for work with parenting responsibilities
- resume and job interview techniques

Our ParentsNext team can help you develop your pathway to employment by working with you to set and reach your goals.

Family Dispute Resolution

Divorce, separation or family breakdown can be difficult and stressful for everyone involved. Dispute resolution provides mediation for separated or separating parents to reach agreement on parenting plans, division of property and finances.

Resolving issues through mediation reduces the conflict that families experience. It also helps separating or separated parents to focus on the best interests of their children.

Property Dispute Resolution

Divorce, separation or family breakdown can be difficult and stressful for everyone involved. Dispute resolution provides mediation for separated or separating parents to reach agreement on parenting plans, division of property and finances.

Resolving issues through mediation reduces the conflict that families experience. It also helps separating or separated parents to focus on the best interests of their children.

Counselling

When you or a loved one is going through a tough time, it's okay to ask for help.

Speaking to a counsellor can improve your quality of life, reduce stress, help strengthen or rebuild relationships with others, and help you feel more in control of your life.

Counselling provides one-on-one support to help deal with mental health issues, stressful or traumatic events, relationship problems and any other personal challenges or problems.

We provide affordable and confidential counselling to people of all ages, cultures and religious backgrounds.

Counsellors can provide a different insight into, or view of the issues you're experiencing, and will work with you to find ways of solving these issues. Our counsellors are compassionate and non-judgemental, so that you can feel comfortable discussing your thoughts and concerns.

Counselling can help with a range of issues such as:

- abuse or family violence
- addictive behaviours
- anger management
- anxiety, stress or depression
- children and teenagers
- conflict
- couples
- separation and divorce
- loss and grief
- parenting
- personal growth and understanding
- relationships and family
- sexuality and sexual identity
- school refusal
- social issues
- trauma
- work